Walks from Ty'n Cornel Hostel No.6 - Janet's Walk - 14 miles (22km)

NB. The forest has been cleared since these directions were prepared (November 2008). You should be able to get through on the forest road (directions 3-5) but we have NOT been able to check this.

Summary

Go up through cleared forest visible from hostel. Cross both Pysgotwr valleys. Continue through second forest to standing stone. Cross open moor on good path with dramatic views. Descend through oak woods to return up Doethie valley.

<u>Safety</u>

You are strongly recommended to read the safety and navigational advice on the website or in the Guest Information File 'Walking' in the hostel. For this walk this can be summarised as:

River Crossings - One - a simple ford of the upper Pysgotwr Fach.

Underfoot - Generally good some short rough sections.

Exposure - Short sections of exposed moorland. Elsewhere forests and valleys provide shelter.

Navigation - Mostly straightforward with fairly obvious paths but be vigilant especially in forests. OS map firmly recommended plus compass.

Directions

NB. ref.nos. are shown on map overleaf.

- 1 Left (L) from the hostel eastwards along track for 0.2 mile.
- 2 Right (R) at finger post through gate, down to go over foot bridge and up into forest through gate.
- 3 Follow ride diagonally R up through forest nearly to edge then cut back up.
- 4 At point where ride seems to end ahead go L diagonally up through trees.
- 5 Go R at road. It is badly chewed up but passable. Follow it to public road.
- 6 Go R at public road and then L onto track a public bridleway over river.
- 7 At Bryn Glas go R past barns and L to pass in front of house. Continue on track.
- 8 Follow track to the river. Ford it and enter the forest. NB. the Byway shown on OS map as entering the forest just up stream does not exist on the ground at this point.
- 9 Continue on track. Ignore the minor one coming in from the R and bear L uphill.
- 10 Ignore track coming in acutely from R side at top and continue round corner where fork R, ignoring descending track to L.
- 11 Ignore steep track on R going back on direction you have come.
- 12 Ignore L fork and go straight ahead steeply up to go L at major forest road.
- 13 Stay on road, bearing R as minor track comes in from L.
- 14 At T-junction with another major road cross over to follow track to forest edge.
- 15 Follow track L a bit rough and badly waterlogged at one point but passable.
- 16 At standing stone at corner of forest, go over the L of two gates facing you.
- 17 Straight on, keeping fence on R, and bear L uphill on path to go R at track.
- 18 Go L off track onto grassy path just before telephone wires as track goes R.
- 19 Follow path bearing R, under tel.wires to head NE along top and across another.
- 20 Continue NE on path along top and then downhill to follow fence on R to stile.
- 21 Over stile. Follow path into wood. (If bracken obscures, head for rowan tree.)
- 22 Follow path R through wood and then sharp L. Go R at track at bottom.
- 23 L at road. Continue through gate behind farm and fork R off track at about 400m, signposted.
- 24 Path up Doethie is straightforward. Ignore R turns and head L down through bracken at this numbered point on map.
- 25 L at track. Hostel is about 0.25 miles along it.

note: Walk named after Janet Hollins - Joint Hostel Manager (with husband) - who proposed it.

