

## Hosteli Unigeddau'r Elenydd : Elenydd Wilderness Hostels

### Walks from Ty'n Cornel Hostel

#### No.6 - Janet's Walk - 14 miles (22km)

*It is essential to take an Ordnance Survey Map. Borrow one from the hostel if you don't have one.*

#### Summary

Go up through cleared forest visible from hostel. Cross both Pysgotwr valleys. Continue through second forest to standing stone. Cross open moor on good path with dramatic views. Descend through oak woods to return up Doethie valley.

#### Safety

You are strongly recommended to read the safety and navigational advice on the website or in the Guest Information File 'Walking' in the hostel. For this walk this can be summarised as:

**River Crossings** - One - a simple ford of the upper Pysgotwr Fach.

**Underfoot** - Generally good some short rough or boggy sections.

**Terrain** - Short sections of open moorland. Elsewhere forests and valleys provide shelter.

**Navigation** - *Mostly* straightforward with fairly obvious paths but be vigilant especially in forests, particularly as trees can be felled and forestry roads changed. OS map necessary plus compass.

#### Directions

NB. ref.nos. are shown on map overleaf.

- 1 Left (L) from the hostel Eastwards along track for 0.2 mile.
- 2 Right (R) at finger post through gate, down to go over foot bridge and up into Nant Gwernog felled forest through gate on right. Path used to be distinct when there were trees but less so now.
- 3 Follow ride diagonally R up through forest - nearly to edge then bear L.
- 4 Continue up for a few hundred metres and look up to see Forestry track above left. There is no longer a path on the ground but make your way up to this.
- 5 Go R at track and follow it first up and then down to public road.
- 6 Go R at public road and then L onto approach track for Bryn Glas farm crossing bridge over river Pysgotwr Fawr.
- 7 At Bryn Glas go R past barns and L to pass in front of house. Continue on track up hill.
- 8 Follow track up and then down to the river Pysgotwr Fach. Ford it (it is small) and enter the forest.
- 9 Continue on track. Ignore the minor track coming in from the R and bear L uphill. From here you aim to head fairly straight right through the forest to far edge of forest (Pen Rhiwair) but the following may help -
- 10 Ignore track coming in acutely from R side at top and continue round corner where fork R, ignoring descending track to L.
- 11 Ignore steep track on R going back on direction you have come.
- 12 Ignore L fork and go straight ahead steeply up to go L at major forest road.
- 13 Stay on road, bearing R as minor track comes in from L.
- 14 At T-junction with another major forestry road cross over to follow track to forest edge and go through gate.
- 15 Follow track L along edge of forest (Pen Rhiwair) - a bit rough and badly waterlogged at one point but passable.
- 16 At standing stone (marked on map) at corner of forest, go over the L of two gates facing you. From here you are heading across the open top to Allt Rhyd Y Groes Nature Reserve. Follow any route but the following may help.
- 17 Straight on, keeping fence on R, and bear L uphill on path to go R at track.
- 18 Go L off track onto grassy path just before telephone wires as track goes R.
- 19 Follow path bearing R, under tel.wires to head NE along top and across another.
- 20 Continue NE on path along top and then downhill to follow fence on R to stile.
- 21 Over stile. Follow path into wood - Allt Rhyd Y Groes Nature Reserve . (If bracken obscures, head for rowan tree.)
- 22 Follow path R through wood and then sharp L. Go R at track at bottom by sign for Nature Reserve. Continue past house called Allt Rhyd Y Groes.
- 23 L at road and cross bridge and follow road to Troed Rhiw Ruddwen. Continue through gate through farm and fork R off track at about 400m, signposted footpath (Cambrian Way).
- 24 Path up Doethie is straightforward. About 6 miles. Ignore R turns and head L down through bracken to take lower path at this numbered point on map.
- 25 L where path meets track. Turn left and cross footbridge. Hostel is about 0.25 miles up track.

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Day Walks from Ty'n Cornel Hostel  
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