# Hosteli Unigeddau'r Elenydd: Elenydd Wilderness Hostels

# **Walks from Dolgoch Hostel**

No. 10 - Llyn Brianne - 18 miles (29km) or 15 miles (24km) from Tywi Bridge

## **Summary**

Goes down Tywi valley and then on road over to Soar y Mynydd chapel. Follows forest road above Llyn Brianne through forest to dam. Crosses dam, returns on road to Tywi bridge and then by outward route.

### **Safety**

You are strongly recommended to read the safety and navigational advice in the Guest Information file 'Walking' in the hostel. For this walk this can be summarised as:

**River Crossings** - One, a side stream soon after the start; usually not a problem but be aware of the dangers if in flood and be prudent.

**Underfoot** - Good apart from tussocky and occasionally boggy path soon after start for about 1 mile to Tywi Bridge.

**Exposure** - Mostly sheltered in valleys and/or forests.

**Navigation** - Straightforward with obvious paths but pay attention to the directions in forest. OS map recommended.

**Traffic** - About 8 miles on quiet roads but be alert and walk on the right.

**Forestry** - steer clear of harvesting and other operations; follow directions; do not climb on wood stacks.

#### **Directions**

NB. ref.nos. are shown on map overleaf.

- 1 Left (L) from hostel down the valley on well defined bridleway.
- 2 Go Right (R) at road.
- Follow road and at bottom of hill go L, down to river and over bridge. Go L past front of chapel (domestic-looking white building on L) onto unsealed road over grid.
- 4 Follow road into forest, over cattle grid and bear L onto long straight.
- 5 At end of straight bear R, ignoring track on L.
- 6 At bottom of hill, ignore minor track from L and then follow road L over river.
- 7 At top of rise bear L, ignoring track/road going R.
- 8 Fork R where minor track forks L downhill to house.
- 9 Fork L.
- 10 Fork L as approach edge of forest on road to dam.
- 11 Cross dam and follow access road to public road.
- 12 Go L at road and next L (after about 6 miles) onto road to Tregaron.
- 13 R immediately after bridge over Tywi and follow BW to hostel.

#### **Points of Interest**

NB. for more information see Guest Information Files at hostel.

- 1 Soar Mynydd Chapel the most remote chapel in Wales; good information inside.
- 2 Llyn Brianne reservoir for Swansea, built in 1970's. Highest dam in the country.
- Dinas about 1.5 miles S of dam by road (ie a long 3mile diversion!) a rugged hill sculpted on all sides by present and former courses of the Twyi. Now a RSPB reserve: formerly the cave home of Twm Siôn Cati, the local Robin Hood.

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