

# Hosteli Unigeddau'r Elenydd : Elenydd Wilderness Hostels

## **Walks accessing Ty'n Cornel Hostel by Public Transport No. PT2 - from Cynghordy Station - 12 - 13 miles (19km)**

***It is essential to take an Ordnance Survey Map.***

### Safety

**The area is remote and can be difficult underfoot with indistinct paths. An Ordnance Survey map is essential.**

Fairly low risk, but be alert to traffic on the road section. The route up the Doethie is on a path but this can be overgrown with bracken.

### Public Transport

Cynghordy railway station is a request stop on the Shrewsbury to Llanelli line.

### Local Services

Rhandirmwyn, 2.5 miles from Cynghordy, has accommodation at the Royal Oak (01559 760 201).

### Directions

NB. ref.nos. are shown on map overleaf.

- 1 At station go to West end of platform and go Right (R) up track.
- 2 Go to Left (L) of barn, through gate and slightly uphill across field.
- 3 Go through gate at top end of hawthorn hedge and diagonally downhill.
- 4 Go through gate, past very small quarry on Right (R) to go L over stream and up track.
- 5 Leave track at gate and go R, keeping fence/hedge on your L through 3 gates.
- 6 When fence goes L, maintain direction to pedestrian gate at end of low willow trees.
- 7 Maintain direction, heading midway between hilltop and fence. At hilltop, head for gorse at R end of fence and through gate in corner of field to go L along fence.
- 8 Go R at lower corner of trees. Follow track through gate and grounds of former farm.
- 9 Turn R just before next farm and zig-zag up to road.
- 10 L at road and after about 200m fork R down green lane. R at junction with road.
- 11 After about 3miles fork L at 2nd turn after Rhandirmwyn and immediately cross Tywi on road bridge.
- 12 Follow road, recross river by bridge, up steeply and L past farm Troed Rhiw Ruddwen.
- 13 Continue through gate through farm and fork R off track at about 400m, signposted footpath (Cambrian Way).
- 14 Path up Doethie is straightforward but sometimes overgrown with bracken. About 6 miles. Ignore R turns and head L down through bracken to take lower path at this numbered point on map.
- 15 L where path meets track. Take care as there is bad erosion. Walk on the grassy verge. Go downhill and cross footbridge. Hostel is about 0.25 miles up the track.

From hostel it should be possible to return using points 15-11 in reverse after which:

- 10 About 1mile after Rhandirmwyn, fork L up green lane. Go L at road.
- 9 After about 200m go R to zig-zag down to track between farms.
- 8 Go L, follow track through former farm and go L uphill at far corner of trees.
- 7 Follow fence and R through gate to go diagonally across field towards R-most trees, down to and through pedestrian gate.
- 6 Continue in same direction heading for L end of small trees. White waymark on gate.
- 5 Straight on with hedge on R, through 3 gates and L at track.
- 4 Over stream and R past very small quarry on L through gate.
- 3 Diagonally uphill to go through gate at top end of hawthorn hedge.
- 2 Diagonally R across field to R side of barn. Go through gate.
- 1 R at track and down to station.

### **Alternatives - for quieter roads**

- 1 At point 10 continue on road (not R fork), cross at T junction and follow byway to Rhandirmwyn.
- 2 Rhandirmwyn to Tywi Bridge Inn - road/path to inn and path to Gailt y Bere point 11.

